

## NO MEAT MENU

**Items containing meat will not be available from canteen on Ash Wednesday (14 February) or the Fridays of Lent**

- Cheese/egg/tuna/salmon salad rolls/wraps \$4.00
- Sandwiches \$3
  - (egg & lettuce, curried egg & lettuce, salmon, spring onion & carrot, cheese & tomato, cheese & avocado)
- Toasted Sandwiches
  - Cheese \$2.00 (Special)
  - Cheese & Tomato or Cheese & Avocado \$3.00
- Fish Burgers \$4.50 (fish, lettuce & tartar sauce or mayo)
- Fish Burgers with salad \$5.00
- Salmon pattie wraps \$4.50 (with avocado \$5.00)
- Fish or Salmon Pattie or tinned Salmon, Tuna or Egg & Salad box \$5.00 (balsamic, tartar or mayo)
- Spiral Pasta \$3.50
- Ravioli (spinach & ricotta) \$4
- Spinach & Ricotta Rolls \$2.50
- Small cheese or vegemite rolls \$2
- Fresh fruit salad tubs \$2.50
- Yogurt with berries \$2.50
- Fish & Chips \$5
- Fish & Salad \$5
- Garlic Bread \$2